



TherapHeal

ORGANIZATION PROFILE



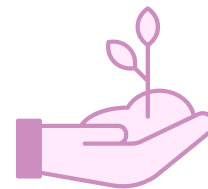
About Us

TherapHeal is an international platform of carefully curated clinical psychologists, trained from the best institutes around the world and dedicated to providing a safe space and dependable and competent service for anyone and everyone in need of mental health services.

In offering our services, we find it crucial to adhere to **our values** of: -



Compassionate Care



Professional Integrity



Inclusivity



Ethical Practice



Social Justice Informed



THERAPHEAL

ethical | competent | reliable



Our Mission

TherapHeal's mission is to become a trusted channel of support and compassionate care for our clients, to aid them in their road to recovery and growth. Our team of well-trained, licensed, ethical and multiculturally competent professionals ensure this by offering inclusive and quality care.



Our Vision

At TherapHeal, we envision creating a safe, ethical and trusted space across the globe for accessible, affordable, inclusive and competent mental health services for a more fulfilling life.



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Services

Psychotherapy

Psychiatric
Consultation

Psychological
Assessments

Supervision
&
Training

Support
Groups
&
Group Therapy

Mental
Health
Awareness

Employee
Assistance
Programs

Workshops,
webinars,
podcasts, panel
discussions



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About our Founder

Of the very few people whom life allows to pursue their passion, our Founder and CEO, Dr. Ananya Sinha is one. Having dreamt of being a part of the helping profession, she passionately pursued Clinical Psychology for 15 long years. Dr. Sinha completed her M.Phil from the Institute of Human Behaviour and Allied Sciences (IHBAS) and earned her Doctorate from the National Institute of Mental Health and Neurosciences (NIMHANS), an Institute of National Importance. Her PhD was a pioneering study on ethical practices in counselling and psychotherapy.

She is an RCI-registered, trauma-informed, LGBTQIA+ affirmative Clinical Psychologist. Her clinical experience in the best psychiatric hospitals and private set-ups has given her valuable insights into every step that has contributed to creating the deft professional she now is.



Dr. Ananya Sinha
Founder, Director & Chief Clinical
Psychologist

Our Team

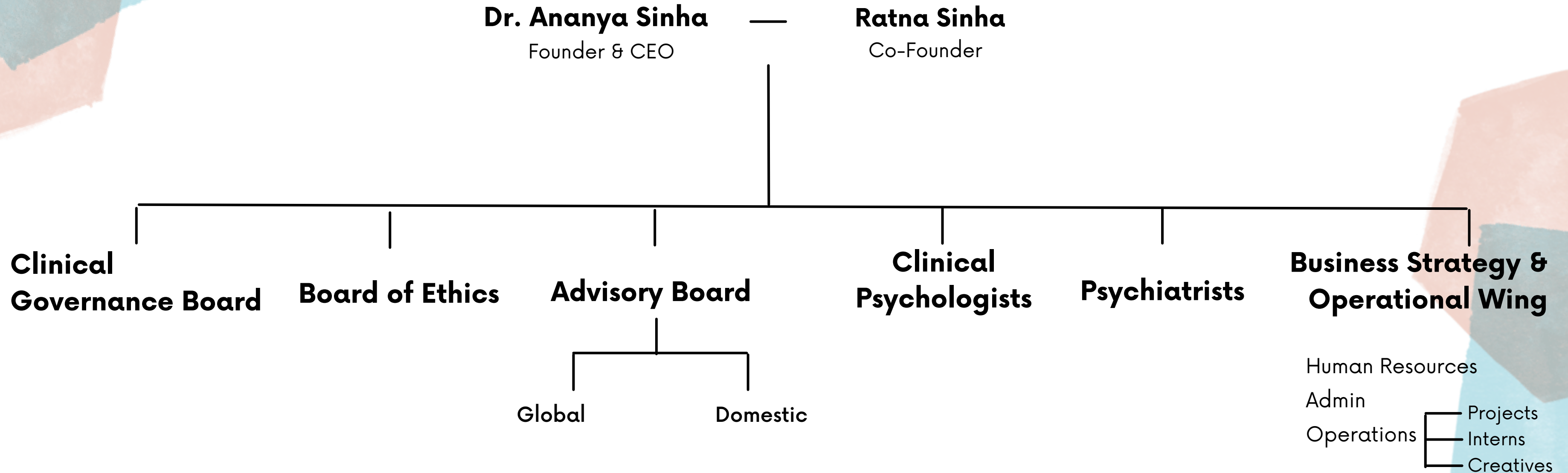


TherapHeal is made up of a team of 21 clinical psychologists and 5 psychiatrists. The mental health professionals in TherapHeal are the driving force of its motto: Ethical, Competent and Reliable. All the Mental Health Professionals are well-trained from the best of institutes such as National Institute of Mental Health and Neurosciences, Bengaluru (NIMHANS), Calcutta University and Johns Hopkins University.

Besides a reliable team of clinical psychologists and psychiatrists, TherapHeal also has an excellent core team including operations, administration, HR and social media, all committed to upholding the core values of the organization.

Besides the internal members, we also have an external board of advisors who play a pivotal role in ensuring the quality assurance of the services provided.

Organizational Structure



Our Inception

TherapHeal as a concept was conceived long back in the mind of our Founder as a fearless place of compassion, engaged in spreading ethical and competent mental health service across the globe.

It was given shape and a market identity only in 2021, with its launch at the International Psychology Conference (IPCD), Dubai organized at the Heriot Watt University (Dubai) on the World Mental Health Day, 10th October 2021.

It was found on the principles of: service first, of prioritizing compassion over commerce, of providing a safe space that today's world needs; and making ethical, competent and reliable services accessible to all. TherapHeal continues to thrive on these principles and will continue to do so in the future.

However extraordinary, at TherapHeal we believe our story is as ordinary as any other, something born at the order of fate at a time when the world needed it with the sole and honest intention of leaving the world a kinder place day after day.



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The Milestones in our journey so far...



Recognized as the BEST WOMEN-LED START-UP in IIT-K Business Model Competition

Launch of FLOURISH Training Academy
First anniversary + Flagship Trauma Summit (attended from 17 countries)

1700+ sessions

Team expansion

Inception

Hosting Dr. Rhoton in India for CCTS-I Training

Constant increase in quality sessions, assessments, workshops, awareness campaigns, collaborations, panel discussions and so on.



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Our Uniqueness

TherapHeal has been applauded as one of the best startups, especially in the mental health field, in the last few years. Our most recent recognition is to be awarded the **Best Women-led Startup** by **IIT Kharagpur**.

Our uniqueness lies in the fact that we aim to provide a wide range of services by ethically and multiculturally competent therapists with proven experience and training from prestigious institutes across the globe.

We make our best efforts to find a good therapist-client fit through need-based mapping of the clients and match them to therapists with the right specialization and background.



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Why Us?

What our collaborators value most is that we make dedicated effort to ensure:



The most ethical, best quality of care



Ethically and multiculturally competent therapists



Good therapist-client fit through need-based mapping



Holistic and collaborative wellbeing plans



Valuing organization and consistency

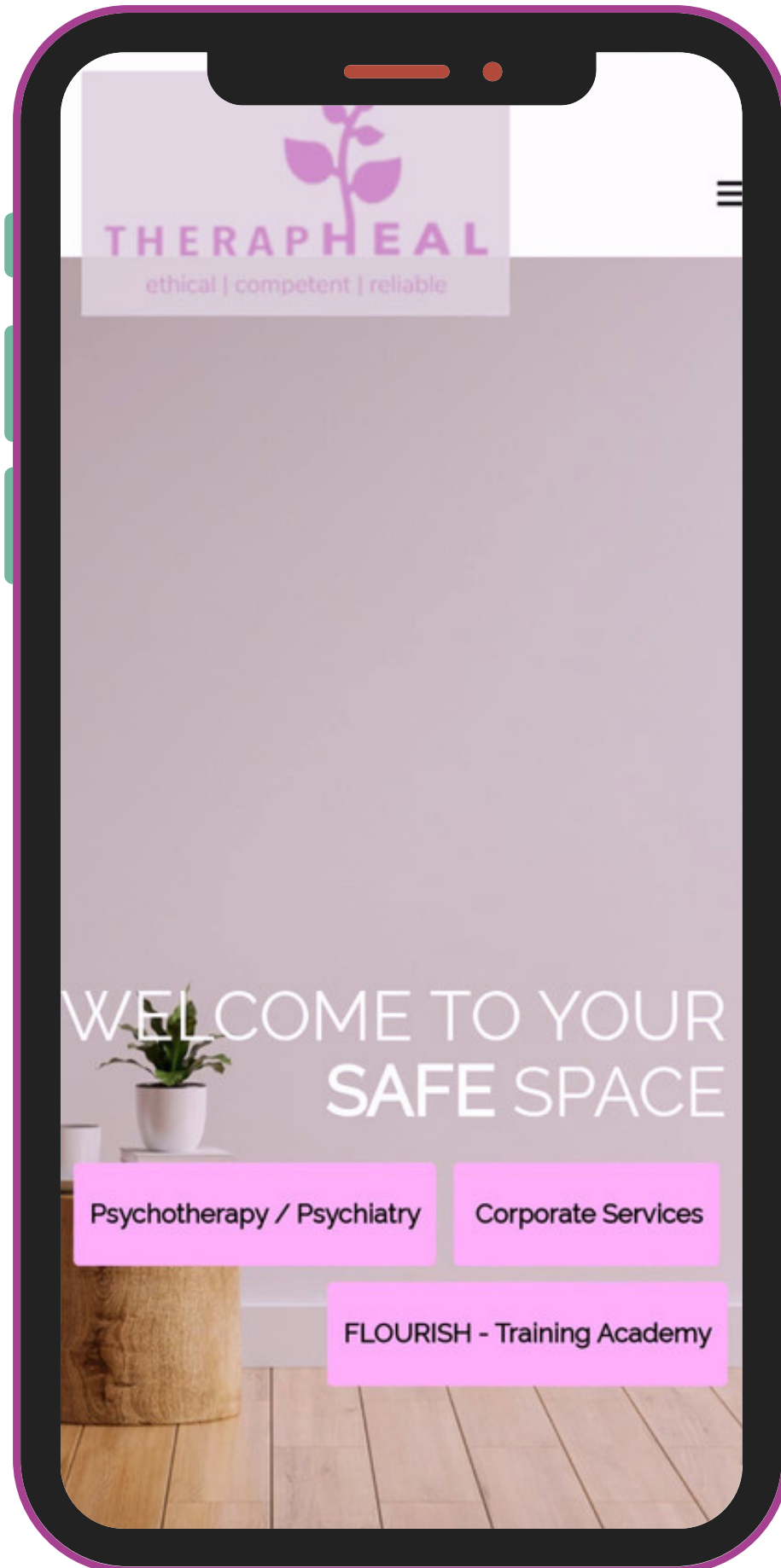


Simple and easy-to understand pricing plans



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TherapHeal:

Your doorway to a **safe space** for growth and wellbeing

Website: www.therapheal.in





Contact

+91 6289801890

admin@therapheal.com
projects@therapheal.com

